



Supplication

HUNG ཨུཾ

In the land of Uddiyana's northwest border, ཨུཾ
On the pistils of a lotus flower's stem, ཨུཾ
You attained the marvel of the supreme siddhi, ཨུཾ
And became known by the name the Lotus-Born. ཨུཾ
With surrounding circles of many dakinis, ཨུཾ
In your footsteps I will reach accomplishments. ཨུཾ
Please approach in order to bestow your blessings. ཨུཾ
GURU PEMA SIDDHI HUNG ཨུཾ

Samanthabhadra, Vajrasattva, Prahevajra, and Shri Singha,
Padmakara, King, and all the twenty-five disciples,
So, Zur, Nub, Nyag, hundred tertons and the others,
Gurus of the Kahma and the Terma, hear our call.

In the Dharmadhatu Palace, Akanishta,
Essence of the buddhas in the triple times,
Who directly shows our mind as dharmakaya,
O root Guru, heed our yearning call.

༄༅། ལྷ་མའི་བྱུགས་སྐྱབ་བར་ཆད་ཀྱན་སེལ་ལས།
རང་བྱུང་བཏག་པས་གྲོལ་བ་པདྨའི་སྙིང་པོའི་རྒྱད་
བཏག་ཐབས་དང་བཅས་པ་བཞུགས་སོ།།

THE SELF-APPEARED
LOTUS ESSENCE TANTRA
THAT LIBERATES THROUGH READING
TOGETHER WITH THE RECITATION METHOD

From the Lamey Tukdrub Barchey Kunsel
Dispeller of All Obstacles
to Realize the Guru's Mind

By Padmasambhava
Revealed by Chokgyur Dechen Lingpa
ཧྲེ་arranged by Jamyang Khyentse Wangpo

NAMO GURU PADMAKARAYA

Lotus Essence Tantra is the heart essence of the great Uddiyana Master, the glorious knower of the three times. It condenses all the tantras, statements and instructions, and is the quintessence of one billion ways to realize the guru's mind. Endowed with inconceivable blessings and wonders, it is the basis or root of the teachings of Lamey Tukdrub Barchey Kunsel. This self-manifest Lotus Essence Tantra, that liberates through reading, is the seed tantra of the Magical Net of the Vidyadharas. Here the liturgy for this tantra with the method for reading it aloud is condensed to the essentials.

Sit comfortably and observe the conduct of meditation. Having brought forth deep renunciation, compassion and devotion, visualize the sources of refuge in the sky before you, as though they were present in person, and repeat each of the following verses three times.

NAMO ཨྌ

May the guru encompassing every family, ཨྌ
 May the yidam, source of all accomplishment, ཨྌ
 May dakinis the removers of all hindrances, ཨྌ
 May our source of refuge be the triple roots. ཨྌ

HOH ཨྌ

So that every sentient being, mothers of the past ཨྌ
 Realize the state of clear and blossomed buddhahood ཨྌ

We resolve to stop all harm and take the path of good, ॐ
And to always form the altruistic bodhi mind. ॐ

May all kinds of sentient beings live in happiness. ॐ
May we all be free of every type of painful state. ॐ
May we never be apart from peace and happiness. ॐ
May we realize the nature of equality. ॐ

JAH HUNG BAM HOH

The circle of the mandala has melted into us.

Yoga of Oneself as the Deity

AH ॐ

Lucid openness, the basic space of naturalness, ॐ
Timeless wakefulness of knowing naturally appears ॐ
In the form of the immortal Padmasambhava, ॐ
White and red complexion peaceful with a wrathful smile. ॐ

Consort is embraced while holding vajra and the bell, ॐ
White and sacred lady holds both vajra, kapala, ॐ
My form is graced by silken garments, jewels and with bones, ॐ
Legs are crossed as method and insight are unified. ॐ

Seated on a lotus flower, and a sun and moon, ॐ
 In a sphere of fivefold colors, like the rainbow arch. ॐ
 All that may appear exist, like seeds in mustard pods, ॐ
 Wild and peaceful deities are present as three roots. ॐ

From the land of Chamara, the wisdom deities, ॐ
 All are looking like myself, cascading down like rain, ॐ
 Pouring into me and into all the deities, ॐ
 Dissolving, we are consecrated indivisibly. ॐ
 OM AH HUNG BENZA GURU PEMA TOTRENG TSAL
 BENZA SAMAYA JAH SIDDHI PALA HUNG AH ॐ
Chant this mantra many times so blessings will descend.

Consecrating the tongue:

On my lotus tongue resides a syllable, the AH, ॐ
 Red in color, sealed to be the nature of great ease. ॐ
 Letter is proclaiming all the tantra vajra sounds, ॐ
 In the ten directions and in every single realm, ॐ

All the worlds and sentient beings, every tone and voice, ॐ
 Are resounding with the self-born tantra's natural sound. ॐ
 Open basic space of nonarising self-display, ॐ
 Overturns samsara, all activities complete, ॐ
 While reciting from within a timeless naturalness. ॐ

Uttering this, contemplate its meaning while resting evenly in the state in which whatever is seen is deity, whatever is heard is the spontaneous vajra sound of the tantra, and your thoughts are the space of lucid wakefulness. Read this profound tantra while possessing the three qualities of clarity, purity and melodiousness.

Title in the secret dakini language ॐ Ru A Shaksha ॐ

Sanskrit title ॐ Padmagarbha Tantra ॐ

Tibetan title ॐ Pema Nyingpo Gyu ॐ

English title: Lotus Essence Tantra

Homage to the Basic Deity of Wakefulness. ॐ

In the time that is without beginning or an end, ॐ

Self-existing knowing has expounded in these words. ॐ

Single ground, the twofold paths and all the fivefold fruits. ॐ

Included in the sphere of lucid open tilaka. ॐ

Dharmakaya unconfined and facing everyone, ॐ

Sambhogakaya manifests in forms with marks and signs, ॐ

Nirmanakayas are displayed in numbers beyond count. ॐ

In the realm beyond dimension and dividedness, ॐ

Self-display of wakefulness is shining everywhere, ॐ

Manifest in every way, a magical display ॐ

Akanistha nature encompasses everything, ॐ

In the buddha realm known as the Lavishly Arrayed. ॐ
Teacher and the circle are of undivided mind, ॐ
To the bodhisattvas, both the female and the male, ॐ
To all types of beings, both the unfree and the free, ॐ

At the time of basic space, beyond the reach of thought, ॐ
At the certain time of constant continuity, ॐ
And uncertain times of change in every different way. ॐ
Those who do not understand or have misunderstood, ॐ

Those who partly understand or know imperfectly, ॐ
Taught in their specific ways, by means of different paths, ॐ
According to their individual abilities. ॐ
For this perfect path that is the highest mystery, ॐ

Entered gradually by means of the empowerments. ॐ
As support, the samayas should be correctly kept, ॐ
Through the different yogas and the personal advice, ॐ
Twenty-five fruitions are attained, so it is taught. ॐ

Lord of all the secrets, Guru Padmasambhava, ॐ
The successor of Samantabhadra, most supreme, ॐ
Emanates and reabsorbs incredible displays, ॐ
Webs of magic that are families and mandalas. ॐ

Unshakable the vajra being and the other five, ॐ
 Total purity of all the fivefold aggregates, ॐ
 Are the fivefold monarchs of the buddha families. ॐ
 The five elements are cosmic consorts, basic space. ॐ

Senses and their objects, sattvas male and female both. ॐ
 Six emotions are the munis, teachers of six realms. ॐ
 Slayers of the wicked and their consorts who destroy. ॐ
 All these magic emanations of their different kinds ॐ

Manifest in mudra forms beyond the reach of thought. ॐ
 All of these are aspects of the Doer and the Deed, ॐ
 King who joyfully delights, the pleasure of the queen, ॐ
 Vajra being Akshobhya concealed within his heart, ॐ

Blazing with the mudras of the vajra and the bell. ॐ
 HUNG within his heart embodies every mystery. ॐ
 Consort is embraced while vajra and the bell are crossed. ॐ

Dhatvishvari in her heart, she looks towards the lord, ॐ
 Shining with the mudras, vajra and the kapala. ॐ
 MUM within her heart embodies every mystery. ॐ
 Embracing with a vajra, proffers skull cup to his mouth. ॐ

From the vast expanse of naturally occurring love, ॐ
Unconfined self-knowing as the mantra manifests: ॐ
OM AH HUNG BENZA GURU PEMA SIDDHI HUNG ॐ

In order to be consecrating this identity: ॐ
OM AH HUNG BENZA GURU PEMA TOTRENG TSAL
BENZA SAMAYA JAH SIDDHI PHALA HUNG AH ॐ

In order to give guidance to all beings throughout space: ॐ
OM BENZA MAHA GURU SARVA SIDDHI HUNG PHEY ॐ

Self-existing essence of the timeless wakefulness ॐ
Has no cause or fruit, without beginning or an end. ॐ
Free from all conditions, never bound and not released, ॐ
Lucid depth of natural knowing, space of wakefulness. ॐ
Timeless purity of this transparent openness, ॐ
Present by itself and never formed by anything. ॐ

This essential tantra that resounds all by itself, ॐ
Holders of the vajra knowing, keep it in your hearts. ॐ
Liberates by seeing, hearing, touching or recall, ॐ
Reading it out loud will cause complete enlightenment. ॐ
At the end of times it will resound all by itself, ॐ
Spreading widely the essential timeless wakefulness. ॐ

This completes the self-manifest Lotus Essence Tantra,
seed of magical illusion which by reading liberates. ॐ

After reading this three, seven, twenty-one or as many times as you can, amend the duplications and omissions that occurred while reading the tantra by reciting the Vowel and Consonant Mantra, the Essence of Causation mantra, and The Hundred Syllable Mantra.

Vowels and Consonants

OM A AH I IH U UH RI RIH
LI LIH E EH O OH ANG AH
KA KHA GA GHA NGA
CHA CHAH JA JAH NYA
TA THA DA DHA NA
TRA THRA DRA DHRA NA
PA PHA BA BHA MA
YA RA LA WA SHA KA SA HAKSHA

The Essence of Causation

OM YE DHARMA HETU PRABHAVA HETUN TEKEN
TATHAGATO HAYA VADET TEKEN TSAYO NIRODHA
EVAM VADI MAHA SHRAMANA SOHA

The Hundred Syllable Mantra

OM BENZA SATO SAMAYA MANU PALAYA BENZA SATO
TENOPA TISHTA DRIDO MEBHAVA SUTOKAYO
MEBHAVA SUPOKAYO MEBHAVA ANURAKTO MEBHAVA
SARVA SIDDHI MEM PRAYATSHA SARVA KARMA
SUCHAME CHITTAM SHRI YAM KURU HUNG HA HA
HA HA HO BHAGAVAN SARVA TATHAGATA BENZA MAME
MUNCHA BENZI BHAVA MAHA SAMAYA SATO AH

At the end join your two palms and say:

OM ॐ

Self-existing lucidness, the dharmakaya space, ॐ

Samantabhadra, who is the identity of all, ॐ

Buddha Vajrasattva, nature of the greatest ease, ॐ

Vairochana, Amitabha and Akshobhya, ॐ

Ratnasambhava and also Amoghasiddhi, ॐ

You who emanate and reabsorb all families ॐ

Of the magical display beyond the reach of thought. ॐ

Padmasambhava Samantabhadra, listen now. ॐ

Please bestow your kind attention and consider us. ॐ

For the benefit of beings, each and everyone, ॐ

We are now proclaiming all the tantra vajra sounds. ॐ

Protector, through the power of your timeless wakefulness, ॐ

Bodhimind resolve and aspirations beyond count, ॐ

Let this tantric resonance, resounding openness, ॐ

Always be at one with every sound that may appear ॐ

From the worlds and beings within all the triple realms. ॐ

Now may everyone who hears this be completely freed ॐ

From their karma and emotion, suffering and pain, ॐ

And attain the unexcelled, the true awakening. ॐ

May activities of guiding beings be complete, ॐ

Overturning all samsara from its deepest depths. ॐ

Supplicate in this way and dedicate the roots of goodness to enlightenment. While visualizing yourself as the undivided empty and visible form of Padmasambhava, look into the natural face of the ultimate Samantabhadra Lotus-Born, the self-existing wakefulness that is your open and aware mind essence beyond concepts. Concluding in this way, engage in your daily activities.

*When this is uttered daily or, especially, ॐ
When sounds and earthquakes occur, ॐ
In gatherings of many people and so forth, ॐ
In a way that everyone hears. ॐ*

Exemplified by this statement about reading the tantra aloud in the prescribed manner, the precious master of Uddiyana has further mentioned the benefits of making it into a small book that can be worn on one's body.

*This extract of the tantras ॐ
Is the supreme quintessence among all essences. ॐ
It is the self-manifest wakefulness ॐ
Of the primordial lord Samantabhadra in actuality. ॐ*

*When simply seeing this scripture liberates, ॐ
It is needless to say that it liberates through reading. ॐ
It is the king of all liberation through hearing. ॐ
Wearing it around one's neck is liberation through wearing. ॐ*

*For one who recites this tantra, ॐ
Having anointed it with fragrant substances and amrita, ॐ
It becomes the supreme liberation through smell and taste. ॐ*

*When someone is touched by wearing this, ॐ
 Or is touched by one who wears it, ॐ
 Greatest ease arises and liberation is effortless. ॐ
 This wonderful and marvelous path, ॐ
 The heart essence of Self-Born Padma, is amazing. ॐ*

Keeping in mind how Padmasambhava extensively praised this profound tantra with his unfailing vajra speech, study this tantra, reflect upon it, meditate upon it, memorize it, write it, uphold it by making it your daily recitation, and correctly transmit it to others, fully and widely. By doing so, you will expand the activity of the Ever-excellent Lotus-Born until it pervades throughout all of space. In this way exert yourself one-pointedly in constantly spreading its marvellous light of benefit and happiness to illuminate not only your own mind, but that of others as well.

Through the kindness of the undisputed and timely incarnated great tertön Orgyen Chokgyur Dechen Lingpa, I, Jamyang Khyentse Wangpo, a joyful servant of the Lotus Master, and the one who possesses the fortune of being the first to have heard this deep and secret teaching in completeness, wrote this down in conjunction with the perfect coincidence of time and place, while offering its entire ripening empowerments, liberating instructions, explanations, and reading transmissions to great sublime beings of all lineages, without partiality. By the goodness of arranging the vajra words of the terma root text for chanting, may all beings who see, hear, think of, or are touched by this teaching, realize the state of the Ever-Excellent Lotus-Born within this very lifetime. Sarvada mangalam bhavatu, may everything be auspicious.

Dedication

HOH

Realizing guru knowledge-holder mandala, ॐ
May we all the countless beings, each and everyone, ॐ
Naturally perfected in the four activities, ॐ
Free within the dharmakaya, lucid wakeful realm. ॐ

Root and lineage gurus let your blessings fill our hearts, ॐ
Yidam and dakini, like our shadow, remain close, ॐ
Guardians of Dharma clear away all hindrances, ॐ
Grant auspicious goodness, siddhis common and supreme. ॐ

Sights, sounds, knowing, deva, mantra, dharmakaya realm,
Play of kayas and the wisdoms boundlessly unfold.
In this practice of great yoga, secret and profound,
Let everything be just one taste, the nondual sphere of mind.

In every single lifetime may we never be apart
From authentic teachers, Dharma's splendor to enjoy.
Completing all the virtues of the bhumis and the paths,
May we swiftly all attain the Vajradhara state.

May the precious and sublime awakened mind,
Rise in those where it has not arisen yet,
Once arisen, may it never fade away,
But continue to increase forever more.

Chantable Sadhanas by Bodhi Translations

Amitayus Sadhana

Avalokiteshvara Sadhana

Concise Daily Practice of Padmasambhava

Tukdrub Barchey Kunsel Ngondro

Trinley Nyingpo Sadhana and Additional Chants

Chokling Tersar Supplications

Turquoise Chamber Mending Chant

Lama Yidam, Tseringma & Ma Sa Dam Sum

Barchey Kunsel Cleansing Smoke

Riwo Sangcho Cleansing Smoke

Secret Essence Vajrasattva

Treasury of Blessings Shakyamuni Sadhana

Tulku Urgyen Guru Sadhana

Ultimate Apology Beyond Words

Yeshe Tsogyal Sadhana

Calling the Guru from Afar

Three Words Striking the Vital Points & Commentary

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